

TIMETABLE

19-03-29

Time	Discipline	Round Information
08:00	60 m Hurdles W65+ Pentathlon	Heat 1
08:05	60 m Hurdles W65+ Pentathlon	Heat 2
08:10	60 m Hurdles W65+ Pentathlon	Heat 3
08:30	Triple Jump M45	
08:35	60 m Hurdles M70	1st (1) 2Q 2q
08:40	60 m Hurdles M70	1st (2) 2Q 2q
08:45	60 m Hurdles M70	1st (3) 2Q 2q
08:50	60 m Hurdles M65	1st (1) 2Q 4q
08:55	60 m Hurdles M65	1st (2) 2Q 4q
09:00	10 km Walk W55+	Heat 1 (1)
09:00	Shot Put M60 (5)	GROUP 1 (1)
09:00	Discus Throw W50 (1)	
09:00	Hammer Throw W90 (2)	
09:00	High Jump W65+ Pentathlon	Heat 1
09:00	Hammer Throw W85 (2)	
09:00	High Jump W65+ Pentathlon	Heat 2
09:00	Hammer Throw W80 (2)	
09:05	60 m Hurdles M60	1st (1) 2Q 2q
09:10	60 m Hurdles M60	1st (2) 2Q 2q
09:15	60 m Hurdles M60	1st (3) 2Q 2q
09:25	60 m Hurdles W55-60 Pentathlon	Heat 1
09:30	60 m Hurdles W55-60 Pentathlon	Heat 2
09:35	60 m Hurdles W55-60 Pentathlon	Heat 3
09:35	Shot Put M60 (5)	GROUP 2 (2)
09:40	60 m Hurdles W55-60 Pentathlon	Heat 4
09:45	60 m Hurdles M55	1st (1) 2Q 2q
09:50	60 m Hurdles M55	1st (2) 2Q 2q
09:55	60 m Hurdles M55	1st (3) 2Q 2q
10:05	60 m Hurdles M50	1st (1) 2Q 2q
10:10	60 m Hurdles M50	1st (2) 2Q 2q
10:15	60 m Hurdles M50	1st (3) 2Q 2q
10:15	Discus Throw W45 (1)	
10:15	Hammer Throw W75 (2)	
10:25	60 m Hurdles M45	1st (1) 2Q 2q
10:30	60 m Hurdles M45	1st (2) 2Q 2q
10:30	Shot Put W65+ (3/2) Pentathlon	Heat 1
10:30	High Jump W55-60 Pentathlon	Heat 1
10:30	High Jump W55-60 Pentathlon	Heat 2
10:35	60 m Hurdles M45	1st (3) 2Q 2q
10:45	10 km Walk W35-50	Heat 1 (1)

10:45	60 m Hurdles M40	1st (1) 2Q 4q
10:45	Shot Put M55 (6)	
10:50	60 m Hurdles M40	1st (2) 2Q 4q
10:55	60 m Hurdles W45-50 Pentathlon	Heat 1
11:00	60 m Hurdles W45-50 Pentathlon	Heat 2
11:05	60 m Hurdles W45-50 Pentathlon	Heat 3
11:10	60 m Hurdles W45-50 Pentathlon	Heat 4
11:15	Hammer Throw W70 (3)	
11:20	60 m Hurdles M35	1st (1) 2Q 4q
11:25	60 m Hurdles M35	1st (2) 2Q 4q
11:28	200 m W80	1st (1) 2Q 2q
11:30	Pole Vault M85	
11:30	Discus Throw W40 (1)	
11:30	Pole Vault M80	
11:30	Discus Throw W35 (1)	
11:32	200 m W80	1st (2) 2Q 2q
11:36	200 m W65	1st (1) 1Q 3q
11:40	200 m W65	1st (2) 1Q 3q
11:44	200 m W65	1st (3) 1Q 3q
11:48	200 m W60	1st (1) 2Q 2q
11:52	200 m W60	1st (2) 2Q 2q
11:56	200 m W60	1st (3) 2Q 2q
12:00	Shot Put W55-60 (3) Pentathlon	Heat 1
12:00	High Jump W45-50 Pentathlon	Heat 1
12:00	High Jump W45-50 Pentathlon	Heat 2
12:12	200 m W50	SF (1) 1Q 3q
12:15	10 km Walk M70+	Heat 1 (1)
12:15	Long Jump W65+ Pentathlon	Heat 1
12:16	200 m W50	SF (2) 1Q 3q
12:20	60 m Hurdles W35-40 Pentathlon	Heat 1
12:24	60 m Hurdles W35-40 Pentathlon	Heat 2
12:28	200 m W50	SF (3) 1Q 3q
12:28	60 m Hurdles W35-40 Pentathlon	Heat 3
12:30	Hammer Throw W65 (3)	
12:32	60 m Hurdles W35-40 Pentathlon	Heat 4
12:36	60 m Hurdles W35-40 Pentathlon	Heat 5
12:40	200 m W45	SF (1) 1Q 3q
12:44	200 m W45	SF (2) 1Q 3q
12:48	200 m W45	SF (3) 1Q 3q
12:52	200 m W40	SF (1) 1Q 3q
12:56	200 m W40	SF (2) 1Q 3q
13:00	200 m W40	SF (3) 1Q 3q
13:04	200 m W35	SF (1) 2Q 2q
13:08	200 m W35	SF (2) 2Q 2q
13:20	200 m M80	1st (1) 2Q 2q
13:24	200 m M80	1st (2) 2Q 2q
13:30	High Jump W35-40 Pentathlon	Heat 3
13:30	Pole Vault M75	
13:30	Hammer Throw M85 (3)	
13:30	Shot Put W45-50 (4/3) Pentathlon	Heat 1
13:30	Hammer Throw M90 (3)	

13:30	Shot Put W45-50 (4/3) Pentathlon	Heat 2
13:30	Long Jump W55-60 Pentathlon	Heat 1
13:30	High Jump W35-40 Pentathlon	Heat 1
13:30	High Jump W35-40 Pentathlon	Heat 2
13:32	200 m M75	1st (1) 1Q 3q
13:34	200 m M75	1st (2) 1Q 3q
13:36	200 m M75	1st (3) 1Q 3q
13:40	200 m M70	SF (1) 1Q 3q
13:43	200 m M70	SF (2) 1Q 3q
13:45	10 km Walk M55-65	Heat 1 (1)
13:45	Hammer Throw W55 (3)	
13:46	200 m M70	SF (3) 1Q 3q
13:52	800 m W65+ Pentathlon	Heat 1
13:52	800 m W65+ Pentathlon	Heat 2
14:05	Pentathlon W65+	Summary (3)
14:07	200 m M65	SF (1) 1Q 3q
14:11	200 m M65	SF (2) 1Q 3q
14:15	200 m M65	SF (3) 1Q 3q
14:19	200 m M60	SF (1) 1Q 3q
14:23	200 m M60	SF (2) 1Q 3q
14:27	200 m M60	SF (3) 1Q 3q
14:30	Hammer Throw M80 (3)	
14:31	200 m M55	SF (1) 1Q 3q
14:35	200 m M55	SF (2) 1Q 3q
14:39	200 m M55	SF (3) 1Q 3q
14:43	200 m M50	SF (1) 1Q 3q
14:47	200 m M50	SF (2) 1Q 3q
14:51	200 m M50	SF (3) 1Q 3q
14:55	200 m M45	SF (1) 1Q 3q
14:59	200 m M45	SF (2) 1Q 3q
15:00	Hammer Throw W60 (3)	GROUP 1 (1)
15:00	Pole Vault M70	
15:00	Long Jump W45-50 Pentathlon	Heat 1
15:00	Long Jump W45-50 Pentathlon	Heat 2
15:03	200 m M45	SF (3) 1Q 3q
15:07	200 m M40	SF (1) 1Q 3q
15:11	200 m M40	SF (2) 1Q 3q
15:15	200 m M40	SF (3) 1Q 3q
15:15	Shot Put W35-40 (4) Pentathlon	Heat 1
15:15	Shot Put W35-40 (4) Pentathlon	Heat 2
15:15	10 km Walk M35-50	Heat 1 (1)
15:19	200 m M35	SF (1) 1Q 3q
15:23	200 m M35	SF (2) 1Q 3q
15:27	200 m M35	SF (3) 1Q 3q
15:30	Hammer Throw M75 (4)	
15:35	Hammer Throw W60 (3)	GROUP 2 (2)
15:38	800 m W55-60 Pentathlon	Heat 1
15:43	800 m W55-60 Pentathlon	Heat 2
15:48	Pentathlon W55-60	Summary (3)
15:50	1500 m M65	1st (1) 2Q 8q
15:56	1500 m M65	1st (2) 2Q 8q

16:10	1500 m M60	1st (1) 2Q 8q
16:20	1500 m M60	1st (2) 2Q 8q
16:30	1500 m M55	1st (1) 2Q 6q
16:30	Pole Vault M65	
16:36	1500 m M55	1st (2) 2Q 6q
16:42	1500 m M55	1st (3) 2Q 6q
16:45	Long Jump W35-40 Pentathlon	Heat 1
16:45	Long Jump W35-40 Pentathlon	Heat 2
16:50	1500 m M50	1st (1) 2Q 8q
17:00	1500 m M50	1st (2) 2Q 8q
17:20	800 m W45-50 Pentathlon	Heat 1
17:25	800 m W45-50 Pentathlon	Heat 2
17:30	800 m W45-50 Pentathlon	Heat 3
17:34	Pentathlon W45-50	Summary (3)
17:35	1500 m M45	1st (1) 2Q 8q
17:43	1500 m M45	1st (2) 2Q 8q
17:45	Triple Jump M40	
18:00	1500 m M40	1st (1) 2Q 6q
18:08	1500 m M40	1st (2) 2Q 6q
18:16	1500 m M40	1st (3) 2Q 6q
18:25	1500 m M35	1st (1) 2Q 8q
18:32	1500 m M35	1st (2) 2Q 8q
18:40	800 m W35-40 Pentathlon	Heat 1
18:50	800 m W35-40 Pentathlon	Heat 2
19:00	800 m W35-40 Pentathlon	Heat 3
19:00	Triple Jump M35	
19:08	Pentathlon W35-40	Summary (3)
19:10	60 m Hurdles M85	Final
19:15	60 m Hurdles M80	Final
19:20	60 m Hurdles M75	Final
19:25	60 m Hurdles M70	Final
19:30	60 m Hurdles M65	Final
19:35	60 m Hurdles M60	Final
19:40	60 m Hurdles M55	Final
19:45	60 m Hurdles M50	Final
19:50	60 m Hurdles M45	Final
19:55	60 m Hurdles M40	Final
20:00	60 m Hurdles M35	Final
20:05	200 m M90+	Final
20:10	200 m M85	Final 2Q 2q
20:15	200 m M80	Final
20:19	200 m M75	Final
20:23	200 m M70	Final
20:31	200 m M60	Final
20:35	200 m M55	Final
20:39	200 m M50	Final
20:43	200 m M45	Final
20:47	200 m M40	Final
20:51	200 m M35	Final
20:56	200 m W85+	Final
21:01	200 m W80	Final

21:05	200 m W75	Final
21:09	200 m W70	Final
21:13	200 m W65	Final
21:17	200 m W60	Final
21:21	200 m W55	Final
21:25	200 m W50	Final
21:29	200 m W45	Final
21:33	200 m W40	Final
21:37	200 m W35	Final