

TIMETABLE

19-03-28

Time	Discipline	Round Information
08:00	60 m Hurdles M50 Pentathlon	Heat 1
08:00	Weight Throw M50 (11.340)	
08:05	60 m Hurdles M50 Pentathlon	Heat 2
08:10	60 m Hurdles M50 Pentathlon	Heat 3
08:15	60 m Hurdles M50 Pentathlon	Heat 4
08:20	60 m Hurdles M50 Pentathlon	Heat 5
08:30	Shot Put M95 (3)	
08:30	Shot Put M90 (3)	
08:35	200 m M70	1st (1) 2Q 4q
08:39	200 m M70	1st (2) 2Q 4q
08:43	200 m M70	1st (3) 2Q 4q
08:47	200 m M70	1st (4) 2Q 4q
08:51	200 m M70	1st (5) 2Q 4q
08:55	200 m M70	1st (6) 2Q 4q
08:59	200 m M70	1st (7) 2Q 4q
09:00	Long Jump M50 Pentathlon	Heat 1
09:00	Long Jump M50 Pentathlon	Heat 2
09:10	200 m M65	1st (1) 2Q 4q
09:14	200 m M65	1st (2) 2Q 4q
09:18	200 m M65	1st (3) 2Q 4q
09:22	200 m M65	1st (4) 2Q 4q
09:26	200 m M65	1st (5) 2Q 4q
09:30	200 m M65	1st (6) 2Q 4q
09:30	Shot Put M85 (3)	
09:30	Weight Throw M55 (11.340)	
09:34	200 m M65	1st (7) 2Q 4q
09:40	60 m Hurdles M45 Pentathlon	Heat 1
09:43	60 m Hurdles M45 Pentathlon	Heat 2
09:46	60 m Hurdles M45 Pentathlon	Heat 3
09:55	200 m M60	1st (1) 2Q 4q
09:59	200 m M60	1st (2) 2Q 4q
10:00	Pole Vault M60	
10:00	Discus Throw M45 (2)	
10:00	Hammer Throw W50 (3)	
10:03	200 m M60	1st (3) 2Q 4q
10:07	200 m M60	1st (4) 2Q 4q
10:11	200 m M60	1st (5) 2Q 4q
10:15	200 m M60	1st (6) 2Q 4q
10:19	200 m M60	1st (7) 2Q 4q
10:30	200 m M55	1st (1) 1Q 7q

10:30	Long Jump M45 Pentathlon	Heat 1
10:30	Long Jump M45 Pentathlon	Heat 2
10:32	200 m M55	1st (2) 1Q 7q
10:34	200 m M55	1st (3) 1Q 7q
10:36	200 m M55	1st (4) 1Q 7q
10:38	200 m M55	1st (5) 1Q 7q
10:40	200 m M55	1st (6) 1Q 7q
10:42	200 m M55	1st (7) 1Q 7q
10:44	200 m M55	1st (8) 1Q 7q
10:46	200 m M55	1st (9) 1Q 7q
10:48	200 m M55	1st (10) 1Q 7q
10:50	200 m M55	1st (11) 1Q 7q
10:55	60 m Hurdles M40 Pentathlon	Heat 1
11:00	60 m Hurdles M40 Pentathlon	Heat 2
11:00	Shot Put M50 (6) Pentathlon	Heat 1
11:00	Shot Put M50 (6) Pentathlon	Heat 2
11:05	60 m Hurdles M40 Pentathlon	Heat 3
11:15	Discus Throw M40 (2)	
11:45	200 m M50	1st (1) 1Q 7q
11:45	Hammer Throw W45 (4)	
11:49	200 m M50	1st (2) 1Q 7q
11:53	200 m M50	1st (3) 1Q 7q
11:57	200 m M50	1st (4) 1Q 7q
12:00	Long Jump M40 Pentathlon	Heat 1
12:00	Triple Jump W85	
12:00	Triple Jump W80	
12:00	Triple Jump W75	
12:00	Triple Jump W70	
12:01	200 m M50	1st (5) 1Q 7q
12:05	200 m M50	1st (6) 1Q 7q
12:09	200 m M50	1st (7) 1Q 7q
12:13	200 m M50	1st (8) 1Q 7q
12:15	Discus Throw M35 (2)	
12:17	200 m M50	1st (9) 1Q 7q
12:21	200 m M50	1st (10) 1Q 7q
12:25	200 m M50	1st (11) 1Q 7q
12:30	Shot Put M45 (7.26) Pentathlon	Heat 1
12:30	Shot Put M45 (7.26) Pentathlon	Heat 2
12:35	60 m Hurdles M35 Pentathlon	Heat 1
12:45	200 m M45	1st (1) 1Q 7q
12:49	200 m M45	1st (2) 1Q 7q
12:53	200 m M45	1st (3) 1Q 7q
12:57	200 m M45	1st (4) 1Q 7q
13:00	Pole Vault M55	
13:00	Hammer Throw W40 (4)	
13:00	High Jump M50 Pentathlon	Heat 1
13:00	High Jump M50 Pentathlon	Heat 2
13:00	High Jump M50 Pentathlon	Heat 3
13:01	200 m M45	1st (5) 1Q 7q
13:05	200 m M45	1st (6) 1Q 7q
13:09	200 m M45	1st (7) 1Q 7q

13:13	200 m M45	1st (8) 1Q 7q
13:17	200 m M45	1st (9) 1Q 7q
13:21	200 m M45	1st (11) 1Q 7q
13:40	200 m M40	1st (1) 1Q 9q
13:40	Long Jump M35 Pentathlon	Heat 1
13:44	200 m M40	1st (2) 1Q 9q
13:48	200 m M40	1st (3) 1Q 9q
13:52	200 m M40	1st (4) 1Q 9q
13:56	200 m M40	1st (5) 1Q 9q
14:00	200 m M40	1st (6) 1Q 9q
14:00	Shot Put M40 (7.26) Pentathlon	Heat 1
14:00	Shot Put M80 (3)	
14:00	Hammer Throw W35 (4)	
14:04	200 m M40	1st (7) 1Q 9q
14:08	200 m M40	1st (8) 1Q 9q
14:12	200 m M40	1st (9) 1Q 9q
14:30	1000 m M50 Pentathlon	Heat 1
14:30	Triple Jump W65	
14:40	1000 m M50 Pentathlon	Heat 2
14:45	High Jump M45 Pentathlon	Heat 1
14:45	High Jump M45 Pentathlon	Heat 2
14:48	Pentathlon M50	Summary (3)
14:50	200 m M35	1st (1) 2Q 4q
14:54	200 m M35	1st (2) 2Q 4q
14:58	200 m M35	1st (3) 2Q 4q
15:00	Triple Jump W60	
15:02	200 m M35	1st (4) 2Q 4q
15:06	200 m M35	1st (5) 2Q 4q
15:10	200 m M35	1st (6) 2Q 4q
15:14	200 m M35	1st (7) 2Q 4q
15:15	Shot Put M75 (4)	
15:30	200 m W55	1st (1) 1Q 3q
15:30	Shot Put M35 (7.26) Pentathlon	Heat 1
15:34	200 m W55	1st (2) 1Q 3q
15:38	200 m W55	1st (3) 1Q 3q
15:55	200 m W50	1st (1) 2Q 6q
15:59	200 m W50	1st (2) 2Q 6q
16:00	Pole Vault M50	
16:00	High Jump M40 Pentathlon	Heat 1
16:00	High Jump M40 Pentathlon	Heat 2
16:03	200 m W50	1st (3) 2Q 6q
16:07	200 m W50	1st (4) 2Q 6q
16:11	200 m W50	1st (5) 2Q 6q
16:15	200 m W50	1st (6) 2Q 6q
16:30	Triple Jump W55	
16:35	1000 m M45 Pentathlon	Heat 1
16:45	1000 m M45 Pentathlon	Heat 2
16:45	Shot Put M70 (4)	GROUP 1 (1)
16:45	Shot Put M65 (5)	GROUP 1 (1)
16:53	Pentathlon M45	Summary (3)
16:55	200 m W45	1st (1) 2Q 2q

16:59	200 m W45	1st (2) 2Q 2q
17:01	200 m W45	1st (3) 2Q 2q
17:05	200 m W45	1st (4) 2Q 2q
17:09	200 m W45	1st (5) 2Q 2q
17:15	High Jump M35 Pentathlon	Heat 1
17:20	Shot Put M65 (5)	GROUP 2 (2)
17:20	Shot Put M70 (4)	GROUP 2 (2)
17:25	1000 m M40 Pentathlon	Heat 1
17:35	1000 m M40 Pentathlon	Heat 2
17:38	Pentathlon M40	Summary (3)
17:45	200 m W40	1st (1) 2Q 6q
17:45	Triple Jump W50	
17:49	200 m W40	1st (2) 2Q 6q
17:53	200 m W40	1st (3) 2Q 6q
17:57	200 m W40	1st (4) 2Q 6q
18:01	200 m W40	1st (5) 2Q 6q
18:05	200 m W40	1st (6) 2Q 6q
18:20	200 m W35	1st (1) 2Q 2q
18:24	200 m W35	1st (2) 2Q 2q
18:28	200 m W35	1st (3) 2Q 2q
18:32	200 m W35	1st (4) 2Q 2q
18:36	200 m W35	1st (5) 2Q 2q
18:40	1000 m M35 Pentathlon	Heat 1
18:50	1000 m M35 Pentathlon	Heat 2
18:58	Pentathlon M35	Summary (3)
19:00	800 m M85+	Final
19:08	800 m M80	Final
19:15	800 m M75	Final
19:22	800 m M70	Final
19:29	800 m M65	Final
19:36	800 m M60	Final
19:43	800 m M55	Final
19:50	800 m M50	Final
19:57	800 m M45	Final
20:04	800 m M40	Final
20:11	800 m M35	Final
20:20	800 m W80+	Final
20:28	800 m W75	Final
20:36	800 m W70	Final
20:44	800 m W65	Final
20:52	800 m W60	Final
21:00	800 m W55	Final
21:08	800 m W50	Final
21:16	800 m W45	Final
21:24	800 m W40	Final
21:32	800 m W35	Final