

TIMETABLE

19-03-26

Time	Discipline	Round Information
09:00	60 m W50	1st (1) 1Q 4q
09:00	Shot Put M50 (6)	GROUP 1 (1)
09:00	Long Jump W85	
09:00	Weight Throw W90 (4)	
09:00	Long Jump W80	
09:00	Weight Throw W85 (4)	
09:00	Long Jump W75	
09:00	Weight Throw W80 (4)	
09:00	Long Jump W70	
09:05	60 m W50	1st (2) 1Q 4q
09:10	60 m W50	1st (3) 1Q 4q
09:15	60 m W50	1st (4) 1Q 4q
09:25	60 m W45	1st (1) 1Q 4q
09:30	60 m W45	1st (2) 1Q 4q
09:35	60 m W45	1st (3) 1Q 4q
09:35	Shot Put M50 (6)	GROUP 2 (2)
09:40	60 m W45	1st (4) 1Q 4q
09:50	60 m M80	1st (1) 2Q 4q
09:53	60 m M80	1st (2) 2Q 4q
10:00	60 m M75	1st (1) 2Q 4q
10:00	Long Jump W60	
10:00	Hammer Throw M70 (4)	
10:00	Javelin Throw W50 (500)	
10:05	60 m M75	1st (2) 2Q 4q
10:25	60 m M65	SF (1) 2Q 4q
10:30	60 m M65	SF (2) 2Q 4q
10:30	Weight Throw W75 (4)	
10:35	60 m M60	SF (1) 2Q 4q
10:40	60 m M60	SF (2) 2Q 4q
10:40	Long Jump W65	
10:45	60 m M55	SF (1) 2Q 4q
10:48	60 m M55	SF (2) 2Q 4q
10:57	60 m M50	SF (1) 2Q 2q
11:00	60 m M50	SF (2) 2Q 2q
11:00	Shot Put M45 (7.26)	
11:03	60 m M50	SF (3) 2Q 2q
11:09	60 m M45	SF (1) 2Q 2q
11:12	60 m M45	SF (2) 2Q 2q
11:15	60 m M45	SF (3) 2Q 2q
11:20	Hammer Throw M65 (5)	

11:21	60 m M40	SF (1) 2Q 2q
11:24	60 m M40	SF (2) 2Q 2q
11:27	60 m M40	SF (3) 2Q 2q
11:30	Javelin Throw W45 (600)	
11:45	60 m W80	1st (1) 2Q 4q
11:50	60 m W80	1st (2) 2Q 4q
12:00	Triple Jump M60	
12:00	Weight Throw W70 (5.450)	
12:05	60 m W65	1st (1) 2Q 2q
12:10	60 m W65	1st (2) 2Q 2q
12:15	60 m W65	1st (3) 2Q 2q
12:20	60 m W60	1st (1) 2Q 2q
12:25	60 m W60	1st (2) 2Q 2q
12:30	60 m W60	1st (3) 2Q 2q
12:30	Shot Put M40 (7.26)	
12:40	60 m W55	1st (1) 2Q 2q
12:40	Javelin Throw W40 (600)	
12:45	60 m W55	1st (2) 2Q 2q
12:50	60 m W55	1st (3) 2Q 2q
13:00	Hammer Throw M60 (5)	GROUP 1 (1)
13:30	Hammer Throw M60 (5)	GROUP 2 (2)
13:30	60 m W40	1st (1) 1Q 4q
13:30	Weight Throw W65 (5.450)	
13:35	60 m W40	1st (2) 1Q 4q
13:40	60 m W40	1st (3) 1Q 4q
13:45	60 m W40	1st (4) 1Q 4q
13:45	Triple Jump M55	
13:50	60 m W35	1st (1) 2Q 2q
13:55	60 m W35	1st (2) 2Q 2q
14:00	60 m W35	1st (3) 2Q 2q
14:00	Javelin Throw W35 (600)	
14:10	3000 m Walk W75+	Heat 1 (1)
14:15	Shot Put M35 (7.26)	
14:30	High Jump M45	GROUP 1 (1)
14:30	High Jump M45	GROUP 2 (2)
14:50	3000 m Walk W65-70	Heat 1 (1)
15:00	Weight Throw W60 (5.450)	GROUP 1 (1)
15:00	Hammer Throw M55 (6)	
15:30	3000 m Walk W55-60	Heat 1 (1)
15:30	Triple Jump M50	
15:35	Weight Throw W60 (5.450)	GROUP 2 (2)
16:05	3000 m Walk W45-50	Heat 1 (1)
16:30	High Jump M40	GROUP 1 (1)
16:35	3000 m Walk W35-40	Heat 1 (1)
17:00	400 m M90	Final
17:00	Weight Throw W55 (7.260)	
17:00	High Jump M40	GROUP 2 (2)
17:06	400 m M85	Final
17:12	400 m M80	Final
17:18	400 m M75	Final
17:24	400 m M70	Final

17:30	400 m M65	Final
17:35	400 m M60	Final
17:40	400 m M55	Final
17:45	400 m M50	Final
17:55	400 m M45	Final
18:00	400 m M40	Final
18:05	400 m M35	Final
18:10	400 m W85	Final
18:16	400 m W80	Final
18:22	400 m W75	Final
18:28	400 m W70	Final
18:30	High Jump M35	
18:34	400 m W65	Final
18:40	400 m W60	Final
18:45	400 m W55	Final
18:50	400 m W50	Final
18:55	400 m W45	Final
19:00	400 m W40	Final
19:05	400 m W35	Final